Right calcaneus

Superior

Posterior

Medial

Sustentaculum tali
Right calcaneus

Superior

Posterior

Medial

Superiorly: supports talus

Sustentaculum tali
Sustentaculum tali
Superiorly: supports talus
Anteriorly: anchors plantar calcaneonavicular ligament (spring ligament)
Superiorly: supports talus
Anteriorly: anchors plantar calcaneonavicular ligament (spring ligament)
Medially: anchors tibiocalcaneal part of medial collateral ligament (deltoid ligament)
Superiorly: supports talus
Anteriorly: anchors plantar calcaneonavicular ligament (spring ligament)
Medially: anchors tibiocalcaneal part of medial collateral ligament (deltoid ligament)
Posteriorly and inferiorly: creates roof of tarsal tunnel for flexor hallucis longus tendon
Superiorly: supports talus
Anteriorly: anchors plantar calcaneonavicular ligament (spring ligament)
Medially: anchors tibiocalcaneal part of medial collateral ligament (deltoid ligament)
Posteriorly and inferiorly: creates roof of tarsal tunnel for flexor hallucis longus tendon
Tendons of tibialis posterior and flexor digitorum longus pass by medially